



RUTLAND PUBLIC SCHOOLS
Northeast & Northwest School

We proudly serve local produce and support local farmers whenever possible

<p>January 30 <u>Featured Entrées</u> All Beef Hot Dog Oven Baked Fries</p> <p align="center">or</p> <p>BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick</p> <p align="center">or</p> <p>Ham & Cheese Grinder Lettuce & Pickles</p>	<p>January 31 <u>Featured Entrées</u> Southwestern Turkey Melt (Turkey, Cheddar and Ranch Bagel)</p> <p>Baked Beans - Sweet Corn</p> <p align="center">or</p> <p>BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick</p> <p align="center">or</p> <p>Ham & Cheese Grinder Lettuce & Pickles</p>	<p>February 1 <u>Featured Entrées</u> Cheeseburger on a Wheat Bun Oven Baked Potato Wedges</p> <p align="center">or</p> <p>BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick</p> <p align="center">or</p> <p>Ham & Cheese Grinder Lettuce & Pickles</p>	<p>February 2 <u>Featured Entrées</u> Breakfast For Lunch Day WW Pancakes, Turkey Sausage</p> <p align="center">Hash Browns</p> <p align="center">or</p> <p>BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick</p> <p align="center">or</p> <p>Ham & Cheese Grinder Lettuce & Pickles</p>	<p>February 3 <u>Featured Entrées</u> Big Daddy <i>Whole Grain</i> Pizza Tossed Salad</p> <p align="center">or</p> <p>BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick</p> <p align="center">or</p> <p>"Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>
<p>February 6 <u>Featured Entrées</u> Toasted Cheese Sandwich Chicken Noodle Soup</p> <p align="center">or</p> <p>Chicken Caesar Salad with a wheat breadstick</p> <p align="center">or</p> <p>Egg Salad on Wheat Lettuce & Pickles</p>	<p>February 7 <u>Featured Entrées</u> Sweet & Sour Chicken Steamed Rice, Fortune Cookie</p> <p align="center">or</p> <p>Chicken Caesar Salad with a wheat breadstick</p> <p align="center">or</p> <p>Egg Salad on Wheat Lettuce & Pickles</p>	<p>February 8 <u>Featured Entrées</u> WW Spaghetti with Meatsauce Wheat dinner Roll</p> <p align="center">or</p> <p>Chicken Caesar Salad with a wheat breadstick</p> <p align="center">or</p> <p>"Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>	<p>February 9 <u>Featured Entrées</u> BBQ Roasted Chicken Roasted Root Veggies</p> <p align="center">or</p> <p>Chicken Caesar Salad with a wheat breadstick</p> <p align="center">or</p> <p>Egg Salad on Wheat Lettuce & Pickles</p>	<p>February 10 <u>Featured Entrées</u> Big Daddy <i>Whole Grain</i> Pizza Tossed Salad</p> <p align="center">or</p> <p>Chicken Caesar Salad with a wheat breadstick</p> <p align="center">or</p> <p>"Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>
<p>February 13 <u>Featured Entrées</u> Oven Baked Chicken Nuggets Herbed Rice Tasty Carrots</p> <p align="center">or</p> <p>Tuna Salad with Apples on a bed of Greens & Westminster Crackers</p> <p align="center">or</p> <p>Turkey & Cheese Grinder Lettuce & Pickles</p>	<p>February 14 <u>Featured Entrées</u> Baked Goulash Dinner Roll and Broccoli</p>  <p align="center">or</p> <p>Tuna Salad with Apples on a bed of Greens & Westminster Crackers</p> <p align="center">or</p> <p>Turkey & Cheese Grinder Lettuce & Pickles</p>	<p>February 15 <u>Featured Entrées</u> Oven Baked Chicken Patty Sandwich WW Pesto Pasta</p> <p align="center">or</p> <p>Tuna Salad with Apples on a bed of Greens & Westminster Crackers</p> <p align="center">or</p> <p>Turkey & Cheese Grinder Lettuce & Pickles</p>	<p>February 16 <u>Featured Entrées</u> WW Cheesy Pizza Dunkers with a side of meatballs and sauce w/ a salad</p> <p align="center">or</p> <p>Tuna Salad with Apples on a bed of Greens & Westminster Crackers</p> <p align="center">or</p> <p>Turkey & Cheese Grinder Lettuce & Pickles</p>	<p>February 17 <u>Featured Entrées</u> Big Daddy <i>Whole Grain</i> Pizza Tossed Salad</p> <p align="center">or</p> <p>Tuna Salad with Apples on a bed of Greens & Westminster Crackers</p> <p align="center">or</p> <p>"Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>
<p>February 20</p>	<p>February 21</p>	<p>February 22</p>	<p>February 23</p>	<p>February 24</p>
				
<p>February 27 <u>Featured Entrées</u> Homemade Mac & Cheese Steamed Broccoli Wheat Dinner Roll</p> <p align="center">No Salads Today</p> <p align="center">or</p> <p>Tuna Salad Grinder</p>	<p>February 28 <u>Featured Entrées</u> Soft Taco Wrap Herbed Rice Green Beans</p> <p align="center">or</p> <p>Chef Salad with a wheat breadstick</p> <p align="center">or</p> <p>Tuna Salad Grinder</p>	<p>February 29 <u>Featured Entrées</u> Crispy Chicken Nuggets WW Pesto Pasta Steamed Broccoli</p> <p align="center">or</p> <p>Chef Salad with a wheat breadstick</p> <p align="center">or</p> <p>Tuna Salad Grinder</p>	<p align="center">Lunch Prices</p> <p>Student Full Priced \$1.60 Student Reduced Priced \$.40 Adult \$3.00 Milk \$.50</p>	

Daily Featured Sides

Mini Tossed Salad, Hot Veggie of the Day, Crisp Fresh Veggie Cup w/ Dip, Healthy Fresh or Canned Fruit, Farm Fresh Vermont Milk

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